

Contents

Acknowledgements	v
Acronyms and abbreviations	vi
Glossary	vii
Executive summary	viii
1. Introduction	1
2. Methods	5
3. Evidence and recommendations	11
A. Preventive and promotive care	12
A.1 Kangaroo mother care	12
A.2 Mother's own milk	17
A.3 Donor human milk	20
A.4 Multicomponent fortification of human milk	23
A.5 Preterm formula	27
A.6 Early initiation of enteral feeding	30
A.7 Responsive and scheduled feeding	33
A.8 Fast and slow advancement of feeding	36
A.9 Duration of exclusive breastfeeding	39
A.10 Micronutrient supplementation	42
A.11 Probiotics	58
A.12 Emollients	62
B. Care for complications	66
B.1 Continuous positive airway pressure for respiratory distress syndrome	66
B.2 Continuous positive airway pressure immediately after birth	70
B.3 Continuous positive airway pressure source	73
B.4 Methylxanthines for treatment of apnoea	76
B.5 Methylxanthines for extubation	79
B.6 Methylxanthines for prevention of apnoea	81
C. Family involvement and support	83
C.1 Family involvement in routine care	83
C.2 Family support	86
C.3 Home visits	91
C.4 Parental leave and entitlements	94
4. Implementation	97
5. Applicability issues	99
6. Research implications	100
7. Dissemination	102
8. Monitoring and evaluating the impact of the recommendations	103
9. Updating of the guideline	104
References	105
Annexes	118
Annex 1: Current WHO recommendations for care of the preterm or low-birth-weight infant	118
Annex 2: Contributors to the guideline	120
Annex 3: Summary of declarations of interest from the Guideline Development Group (GDG) members and how they were managed	122

Web Annexes

Web Annex A. Priority questions and outcomes

Web Annex B. Detailed list of research priorities

Web Annex C. Changes from approved scope of guideline

The web annexes are available at:

<https://apps.who.int/iris/bitstream/handle/10665/363698/9789240060043-eng.pdf>

Web Supplement. Evidence base

The web supplement is available at:

<https://apps.who.int/iris/bitstream/handle/10665/363699/9789240060050-eng.pdf>